2015 Term 3, Week 7 - 28 August 2015

Principal's Message

Information on: difficulties of managing young primary and pre-school age children's behaviour; and the Paul Dillon presentations on the management and prevention of drug and alcohol issues.

I was talking with a group of parents of young primary and pre-school age children last week, about the difficulties of managing their daughters’ behaviour. It became clear that some of these parents believed that they should be negotiating with their children yet the outcomes were not proving to be satisfactory for anyone. The time it was taking to get ready to start each day was causing enormous frustration. Sound familiar?

The fact is that very young children are not developmentally ready to engage in negotiations and moving into adolescence, young people still require clear boundaries and guidance from their parents. Such guidance may not be accepted with a smile but it is so important. It helps them to develop into being young adults who understand that everything does not always go as we might like it to, and who have the patience and resilience to deal with disappointment.

This week, Ravenswood hosted a parents’ forum conducted by Paul Dillon. This followed a day of having Paul working with girls in the senior years. Paul is the Director and founder of Drug and Alcohol Research and Training Australia (DARTA) and is the foremost Australian presenter on helping young people and their parents in the management and prevention of drug and alcohol issues. In his presentations, he includes useful advice on the significant role parents play in preventing or delaying drug and alcohol use.

If you were unable to attend the information night, I recommend the DARTA website to you, in particular the very useful factsheets for parents:

- 10 tips for parents to help ensure your child is happy, healthy and successful
- parenting style and its impact on alcohol and other drug use
- parenting monitoring and its impact on alcohol; and other drug use.

These and other useful information can be found at: [http://darta.net.au/factsheets/](http://darta.net.au/factsheets/)

If your daughter is in Years 10-12, ask her about Paul Dillon's presentation and what she learned. It could prove to be a fruitful conversation.

Ms Vicki Steer

Chaplain's Message

Good religion is giving. It is never really just about religious rituals (although those can be helpful). It is never just about doctrine and dogma (although those can be helpful). It is about applied faith. It is about active compassion, proactive justice-making and lived self-giving love.

Good religion can be thought about and argued about but if only left in the mind, then we are really missing the point. Religion only becomes something good when it makes a positive difference in the world, because it is lived and loved with others.

Jesus wasn’t about creating a new religion. Jesus was about radically reshaping religion, stripping it of only being about rules and rituals and returning it to being about a connection with God, which blesses and enriches our
lives and the lives of others. I used to say that I wasn’t very religious, which was probably incorrect, even though I didn’t pray and do things in traditional ways and at traditional times, however, I now realise that I am religious but just not into religiosity. Religion is simply the way we live out our faith and beliefs. Faith should be about a trusting connection with God, rather than a set of moral and ritual behavioural codes and doctrines, to be agreed with and espoused. This is the stuff of full, not empty religion, because it is full of spirituality. It is something to think and pray about. God bless.

Rev Jon Humphries

Whole School

Construction Works at 12-14 Cecil St (across the road from Ravenswood)

Neighbours have commenced construction works at 12-14 Cecil Street, Gordon. This is a busy street and an integral route in our school’s Traffic Management Plan. Ku-ring-gai Council is aware of this and has prohibited truck movements in Cecil Street, east between 7.45am-8.30am and 2.30pm-4.00pm on school days, for safety reasons and to allow our pick-up and drop-off procedure to operate.

In the coming days, Council will also install street signs to implement a temporary change to parking restrictions, associated with this construction project. These sign changes, which will remain in place until the end of June 2016, are shown on the flyer in the Community section of this Newsletter and may be summarised as follows:

- A Works Zone will be established at the front of 12-14 Cecil Street (on the southern side of the road).
- The time limits on the No Parking zone on the northern (school side) of Cecil Street will be extended to run for the whole weekday and Saturday morning (rather than peak times only). Please note, the No Parking restriction still permits vehicles to stop, allowing drop-off and pick-up to occur as usual, so long as the driver remains either within their vehicle or within three metres of their vehicle.

This is a good time for both new and existing parents and carers to review our Traffic Management Plan. Adherence to this plan is particularly important at this busy time. Click here to view this plan on our school Portal.

Mr Simon Jarrett, Director Property and Facilities

Bi-annual Parent Satisfaction Survey

Ms Vicki Steer wrote to all parents advising: As part of our commitment to ensure continual improvement in the quality of education we provide to students, I wish to gain a deep and well-informed understanding of the school’s performance.

To encourage you to express your opinions openly and frankly, I have commissioned MMG Education, a consultancy specialising in school research and strategy development, to conduct the surveys.

All parents have been invited to complete an online questionnaire during a two-week period commencing on Friday 21 August.

On Friday 21 August, MMG Education will email you with details of how to complete your questionnaire.

To ensure confidentiality and to encourage frank and full expression of views:

- all responses will be treated in strict confidence
- respondents will not be identified to the school by MMG Education, on the basis of questions asked or responses made
Once the research has been completed, MMG will provide me with a report on its findings and I will provide you with feedback on the research outcomes.

I look forward very much to the valuable contribution you will be making to this most important project by completing your questionnaire.

A reminder email will be sent today from MMG Education to those parents who have not already responded.

If you have not received the email from MMG Education or have any questions regarding the project, please contact Mrs Lyn Armstrong on 9498 9989.

Uniform Centre

All girls need to return to school for Term 4 in summer uniform. The Uniform Centre is open on Monday and Thursday, from 10.00am-4.30pm.

Would you please ask your daughter to try on her uniform for size. If you feel you need to buy anything new, contact us at ruc@ravenswood.nsw.edu.au or 9498 9815 and we can help you with your order. Keep in mind that we do all our fittings for new students during November and would like second-hand uniform items to sell that are in good condition. All items need to be washed and jackets need to be dry cleaned.

From the Health Care Unit

In the past two weeks, the Health Care Unit has seen an increase in students presenting with cold-like symptoms; runny nose, sore throat, aching muscles, headache, feeling hot and cold, fevers, cough, and malaise. A number of students have been sent to school with a very high fever.

A fever is a warning of an underlying condition, most often an infection, and is the body’s natural defence against infection. If your daughter has a fever, she needs to remain at home until it is no longer present. Use a thermometer to check: normal temperature is 37 degrees, above this is a fever, at 40 degrees your daughter needs to see a doctor. If you are concerned at all, medical advice should be sought.

Washing hands helps to prevent the spread of germs, so please teach your children good hand hygiene.

When should you wash your hands with soap and water?

Adults and children should wash their hands:

- when hands are visibly dirty
- before you eat
- before you prepare food items
- after touching raw meats like chicken or beef
- after contact with any body fluids like blood, urine or vomit
- after changing nappies
- after touching animals or pets
- after blowing your nose or sneezing
- after going to the toilet.

Mrs Letitia Coker, Registered Nurse

healthcare@ravenswood.nsw.edu.au
Junior School
Head of Junior School

Book Character Parade

Information on: the Showcase Concert, Book Week and dates for your diary.

Thank you to all of our families for their involvement in the Showcase Concert and for supporting this valuable part of our Music program. The girls performed beautifully and I am sure you appreciated the depth of the talent and musical skills from Kindergarten through to Year 12.

Book Week has been a huge success and once again, thank you, for supporting this Ravenswood tradition. All of the girls and teachers love getting dressed up as characters which validates our love and promotion of reading.

Dates for your diary

Monday 31 August  
Book Week prizes awarded

Wednesday 2 September  
Great Book Swap - Details sent from the Library
House Touch Football and Netball in Activities/Lunchtime

Thursday 3 September  
Orientation #1 for Year 3 2016, 8.45am-11.30am - Ravenswood students to school as normal. Please change Music/Speech lessons if they occur during this time.

Friday 4 September  
Orientation #1 for Year 5 2016, 8.45am-11.30am - Ravenswood students to school as normal. Please change Music/Speech lessons if they occur during this time.

Monday 7 September  
Junior School Dance Festival/ Tech run

Thursday 10 September  
Year 6 Taste of Asia Day - A note will be sent home in due course

Friday 11 September  
Summer Carnival Potting day 10.30am-12.30pm - Parents are invited to plant seedlings into pots in the Junior School. Please wear gardening clothes.

Sunday 13 September  
Junior School Dance Festival held in Lorraine Smith Auditorium commencing at 2.00pm
Sunday 13 September  
Junior School Dance Festival, Lorraine Smith Auditorium 2.00pm
See the Performing Arts section to book tickets

Monday 14 September  
Years 3-12 to attend the Commissioning of the 2015/2016 School Leaders

Tuesday 15 September  
End-of-Term Chapel Service from 9.15am

Tuesday 15 and Wednesday 16 September  
Start Smart program conducted by the Commonwealth Bank on Financial Literacy – 40 minute sessions during regular Mathematics classes

Wednesday 16 September  
Year 6 attending an SEA surf safety course 9.00am-10.00am in the Middle School Learning Studio

Friday 18 September  
Portfolio Day
Kindergarten, Years 1-2
K-2 Athletics Gala – parents welcome 8.30am-10.30am
Science Show and class lessons 10.30am-12.30pm
Parents’ Session with Dr Sally Fitzpatrick 11.30am-12.30pm
BYO Picnic Lunch for parents and girls in Mrs Holly’s Garden
Portfolio reporting to parents 1.30pm-2.15pm
End-of-Term Assembly for parents 2.15pm-3.05pm

Years 3-6
Class lessons and Science Show 8.30am-12.30pm
Parents’ Session with Dr Sally Fitzpatrick 11.30am-12.30pm
BYO Picnic Lunch for parents and girls in Mrs Holly’s Garden
Portfolio reporting to parents 1.30pm-2.15pm
End-of-Term Assembly for parents 2.15pm-3.05pm

Mrs Cheryl Bailey, Head of Junior School

RPA Junior School Year Group News

2015 RPA Golf Day: Monday 14 September 7.45am for 8.30am tee-off
K-12 parents are invited to the 2015 RPA Golf Day being held at Pymble Golf Club. The cost is $83 per person which includes golf and lunch. Bookings are essential by Wednesday 9 September at www.trybooking.com/IMBO.
Full details are available on the Parent Portal.

Year 1 Play Day: Sunday 30 August 2.30pm-4.00pm
Year 1 is having a play day at Wahroonga Park, Coonabarra Road, Wahroonga. Please join us for an afternoon of fun in the newly upgraded play facilities. Bring a rug to sit on and a picnic if you would like.

Year 1 Parent Dinner: Friday 4 September 7.30pm
Please join us for a Year 1 dinner at Shanghai Stories 1938, The Concourse, 409 Victoria Avenue, Chatswood. The cost is $45 per head and bookings are essential at www.trybooking.com/IUMF.

Year 3 Coffee Catch-Up: Friday 4 September from 8.30am
Year 3 parents are invited to a coffee catch-up at Pecorino in Gordon from morning drop-off. We would love to see you there.

Year 3 Mums’ Dinner: Friday 11 September 7.30pm
Year 3 Mums are invited to dinner at 2 Stews and a Cockatoo in Gordon. A three-course set menu has been arranged at $47 per head, with drinks on a per person basis to be settled on the evening. Please book via http://www.trybooking.com/IUDY.
Year 4 Dads’ Night Out: Saturday 29 August from 7.00pm
Please join the Year 4 dads for a night out at the front bar of the Greengate Hotel. Please contact Lina or Eva if you have any queries: lina.lawrence@outlook.com or evachye@gmail.com.

Year 5 Morning Tea: Friday 4 September 9.30am
Please join Year 5 parents for morning tea at Sophie Lappin’s home in Killara. RSVP by Friday 28 August to Sophie at lappinfamily@gmail.com. Full details are available on the Parent Portal.

Secondary School

Bookroom Opening Times

From the commencement of Term 4, the Bookroom will be open for students twice a week at the following times: Tuesday 8.00am–2.30pm, Friday 10.00am–2.30pm.

Change to Winter Uniform 2016

From Term 2 2016, all Secondary School students will be required to wear tights (brand: Kayser, colour: Ink Navy (opaque)) as part of the winter uniform.

Long socks will no longer be acceptable as part of the Secondary School winter uniform; however, students in the Junior School may continue to wear long socks as an alternative to tights. The tights are available from the Uniform Centre.

Cyber Safety

Cyber Safety was top of the agenda at the recent Police and Principal’s Forum. Ravenswood was represented at the forum and heard from ThinkUKnow, an Internet safety program delivering interactive training to parents, carers and teachers through schools and organisations across Australia.

Links to the ThinkUKnow fact sheets on cyber safety, cyberbullying, Snapchat, Instagram, ask.fm and KIK Messenger can be found on the Parent Portal: https://myravo.ravenswood.nsw.edu.au/igloo/portal/ or for more information visit their website www.thinkuknow.org.au.

Alternatively, the third in the series of these fact sheets; Snapchat, can be found in the Community section of this Newsletter. I will include the rest of the series between now and the end of the term.


The date for Speech Day 2016 is Wednesday 7 December. As travel agencies are now taking bookings for Schoolies2016, I am reminding Year 11 students and their parents that the Secondary School Speech Day is a compulsory school activity. Please keep this in mind when planning any Schoolies activities.

Year 12 Change of Address

It is very important if a student changes her address that the school is informed. This is particularly important for girls in Year 12. The Universities Admissions Centre (UAC) receives the addresses of Year 12 students from the files held by the Board of Studies Teaching and Educational Standards (BOSTES) and the International Baccalaureate Organization (IBO). Every year, UAC sends out thousands of undeliverable letters because Year 12 students have either not notified the Board of Studies or the IBO of a change of address, or the address is incomplete. I urge all girls in Year 12 to advise the school immediately if they change their address, so Mr Chris Papadopoulos and Mr Robin Julian can advise BOSTES and the IBO respectively. It is particularly important for
Boarders to ensure BOSTES and the IBO are informed of the students' home addresses, as during the year correspondence from these organisations is often delivered to the girls at the Ravenswood Residential College.

**Important information for Year 12 IB Diploma Students**

Formal lessons for Year 12 HSC students will conclude on Thursday 17 September. Due to the fact that the IB Diploma examinations do not commence until Tuesday 3 November, the IB Diploma students are advised that lessons will re-commence for Term 4 on Wednesday 7 October and formally conclude on Friday 9 October. The IB students will not be required to wear their school uniforms for this week; however, school uniform should be worn for the IB Diplomas examinations.

**Year 12 University Open Days and University Applications**


**Year 10 Australian Business Week (ABW)**

Year 10 will have the opportunity to participate in ABW in partnership with students from Knox Grammar School, this term. The program will run from **Tuesday 15 to Friday 18 September**, commencing at 8.25am and concluding at 3.25pm (2.50pm on Friday). Further details about the program will be available later this term.

**Coming Secondary School Events**

- **Monday 31 August to Friday 4 September**  - Year 11 examination period
- **Friday 4 to Sunday 6 September**  - Year 8 Latin Camp
- **Monday 7 to Thursday 10 September**  - IB Diploma Visual Arts Exhibition
- **Tuesday 8 September**  - Archdale Debating Competition Final
- **Wednesday 9 September**  - Year 10 Drama evening
- **Friday 11 September**  - Year 8 Dance

*Mr David Garner, Deputy Principal - Head of Secondary School*

**English Support**

**ENGLISH SUPPORT**

The English Department is offering English Support in Semester 2 in the LRC from 3.30-4.30pm. This is available for all Years 7-12 students.

- Miss Bowers will be available **Monday Weeks A & B**
- Mrs Sullivan will be available **Wednesday Week A & Tuesday Week B**
- Mrs Paulsen will be offering ESL Support **Thursday Week A & Wednesday Week B**
Science Support

For Term 3, the Science Department is trialling support sessions during lunchtimes on Monday, Thursday and Friday in Room 232.

Any student is welcome to attend and a specialist teacher will be available to answer any questions or to provide assistance with routine work. Girls in Years 7-10 are welcome any day. Specialist teachers are available for Years 11-12 students, according to the timetable below:

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Mr Toby Duncan, Science Coordinator

Maths Help 2015

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MATHS HELP 2015
WEEK A Monday, Tuesday, Thursday
WEEK B Thursday
3.30pm-4.30pm
LRC Foyer Level 2

Ms Blair (Mon Wk A), Ms Hazlehurst (Tues Wk A),
Mrs Hurd (Thurs Wk A) and Mrs Allan (Thurs Wk B)
will be available for individual help with homework,
preparation for testing or review of problem topics.

All Years 7-12 Mathematics students are welcome.
Please encourage your daughter to take advantage
of this opportunity to consolidate her mathematical
understanding in a relaxed and supportive environment.

RPA Secondary School Year Group News

2015 RPA Golf Day: Monday 14 September 7.45am for 8.30am tee-off
K-12 parents are invited to the 2015 RPA Golf Day being held at Pymble Golf Club. The cost is $83 per person
which includes golf and lunch. Bookings are essential by Wednesday 9 September at www.trybooking.com/IMBO.
Full details are available on the Parent Portal.

Year 7 Dads’ Casual Drinks Night: Wednesday 9 September 7.00pm
Year 7 dads are meeting at the front bar of the Greengate Hotel from 7.00pm onwards. If you are interested,
please RSVP to greg.fenech@emc.com in order to reserve sufficient tables.

Year 7 Mother/Daughter Dinner: Sunday 13 September 6.00pm
Please join us for a night of fun and laughter at the Avondale Golf Club. The cost is $50 per person and bookings
should be made via www.trybooking.com/IQIA. Full details are available on the Parent Portal.
Year 10 Coffee Morning: Tuesday 1 September 9.30am
Year 10 parents are invited to join us for coffee and a chat at The Runaway Spoon, Lindfield. We hope you can join us.

Performing Arts

Music

Secondary School Musical 2016
Would you like to be in Grease, the Secondary School Musical, in 2016? If you are a current Years 6-11 student, then please come to the Grease information session at lunchtime on Thursday 10 September in the Middle School Learning Centre from 1.00pm-1.30pm.

Auditions for 2016 Ensembles
The Music Department is preparing audition packs for all musicians for the ensembles in 2016. Please check the Newsletter next week for further details on how you may access these. You will be provided with specific musical extracts, scales and sight-reading prompts to prepare for each level of band, string ensemble and orchestra. Auditions will be in Term 4, Week 5. All musicians must re-audition.

Important Diary Dates
Please check that you these important dates in your diary:

- **Spring Band Concert** - Monday 14 September 6.30pm-7.30pm Auditorium
- **Secondary School Choral Festival** - Tuesday 24 November 7.00pm The Concourse, Chatswood
- **Combined Carol Service** - Sunday 29 November 7.00pm
- **Alice in Wonderland Jnr** - Thursday 19 and Friday 20 November
- **K-2 Nativity Musical, Baubles!** - Friday 13 November.

The Spring Band Concert will include performances by the Junior School and Secondary School Rock Bands, Symphonic Wind Ensemble, Morrison Band and Burrows Band. This will be the farewell concert for our Year 12 students. Girls should wear full winter uniform. The call time for this event is 6.00pm. We are excited about this additional performance opportunity for our band students and look forward to seeing you at the concert.

The K-2 Nativity Musical tickets will be free and can be ordered via Trybooking. As soon as tickets are ready to purchase, we will email all K-2 parents directly.

*Mrs Heather Aird, Director Music and Performing Arts*
Secondary School Dance Festival

2015 SECONDARY SCHOOL DANCE FESTIVAL

With guest judges Natasha Crane, James Barry and Aimee Regan

Lorraine Smith Auditorium
Sunday 18 October @ 2pm and 7pm
Tickets on sale 14 September through Trybooking - http://www.trybooking.com/TVSJ

Junior School Dance Festival

2015 Junior Dance Festival
September 13 @ 2pm
RAVO CAN DANCE

Tickets are selling fast for the 2015 Junior School Dance Festival held on Sunday 13 September from 2.00pm. There have been a small number of seats released due to high demand of tickets so be sure to get in quickly to secure your seats. Tickets can be purchased through http://www.trybooking.com/ISOY.

Miss Ebony Keys, Dance Convenor
Sports

State Knockout 2015

Congratulations to all the Ravenswood participants in the State Knockout (SKO) at SOPAC on Thursday 20 August. The standard of competition was extremely high and it was great watching the girls compete, trying to perform at their best for their team. SKO is a national competition where points are awarded for individual performances and collectively accumulate towards the team's result.

Our Junior A team placed 4th (first reserve for Nationals), the Junior B team placed 14th, the Intermediate team placed 12th and the Senior team placed 10th.

Mrs Kara Bryson, Head Coach
Athletics and Fitness

Water Polo

The only way to describe the Senior Seconds match on Friday Night was heart-breaking. The girls led by two goals with a few minutes to go but unfortunately Ascham 2 stormed home to win after the final siren. The Junior Firsts lost, however, the Senior Firsts put on a clinical display to remain undefeated leading into the Finals.

Mr Adam Raw

Community

From the Development Office

Financially Empowering Women – part of the Empowering Women seminars with Knox

The Empowering Women initiative that we started with Knox Grammar School last term, is once again proving popular with all members of the community, with many parents asking to bring their daughters along to the Empowering Women – Women and Wealth event on Monday 7 September.
At Ravenswood and Knox, we have noticed the growing trend of mothers returning to the workforce and, coupled with the Australian statistic that a quarter of Australian households now have women as the primary breadwinners, we wanted to help empower women financially. Through our amazing Ravenswood and Knox network we have put together a presentation to help women learn the benefits of financial security and how to become more proactive in making financial decisions within the family, and for the family.

We have been lucky to secure National Australia Bank (NAB) Private Wealth presenters Jason Murray – General Manager NSW/ACT, Kim Anstis – Private Client Director and Donna Gulbin – Private Client Manager, to talk about how they have educated women in the benefits of financial security. There will be an opportunity at the end of the presentation for questions and answers.

We hope that you can join us for what will be an informative talk.

*Empowering Women - Women and Wealth* Presentation by: NAB Private Wealth

**Date:** Monday 7 September  
**Time:** 6.30pm-7.30pm  
**Venue:** Thistle Room KGI - Map Position 23 (http://www.knox.nsw.edu.au/contact/contact-us-and-location)  
Knox Grammar School, 7 Woodville Ave Wahroonga  
**RSVP:** by Wednesday 2 September to developmentoffice@ravenswood.nsw.edu.au.

*Ms Liane Leslie, Development and Relationships Manager*

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**From the RPA - Summer Carnival**

**Tea Pots**

Do you have any tea pots you are no longer using? We would love to have them for the Year 5 High Tea stall at the carnival. All sizes and colours are welcome.

**Where to drop off**

Enter at Gate 10 (main entrance on Pacific Highway (adjacent to the large electronic signboard). Park in the spaces provided and drop your items off at Property Services (Brown House). Drop off between 7.30am-4.00pm any week day.

Please contact me at ravocarnivalyearstalls@gmail.com for further information.

*Cassandra Gordon*

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**From the Connect Group**

Join us for a Connect Group Walk on Monday 7 September, followed by a chance to chat over coffee.

Meet at 9.00am at Acron Oval, Douglas Street, St Ives for a spring bushwalk down to the beautiful *Cascades* and then back along Bare Creek Track.

The walk is along wide gravel trails with a short steep uphill stretch on the return. The estimated walk time is comfortably under 90 minutes. Post-walk rehydration will take place at Pattisons, 237 Mona Vale Rd, St Ives. If you don't plan to walk, you are welcome to join us at Pattisons. We should be there by 11.00am.

Please contact me if you plan to join us on 0425 710 944.

*Mariissa Nerwich, Connect Group Convenor*
Ku-ring-gai Council Active Kids Holiday Program

Gordon Uniting Church New Class – Cardmaking and Scrapbooking
Starts in Term 4 - each Friday morning from 9.15 am at Uniting Gordon Community Centre
(just across Cecil Street from the school).
Cost: $65 for a 9-week term (includes morning tea)
There are also some vacancies in the Watercolour Painting class and Needlecraft.
Contact Sue on 0412 117 076 or suc@guc.org.au to register your interest.
Ku-ring-gai Council Temporary Changes to Parking Restrictions in Cecil Street
ThinkUKnow Snapchat FAQs: Parents

What is Snapchat?
Snapchat is an application which is free to download on iOS and Android devices that allows users to send images (‘snaps’) to each other. Operating the app requires use of the device’s data plan or wireless internet connection. Images can be drawn on using a whiteboard-style tool and can be given a caption. Images can be sent to other users for up to 10 seconds before they ‘disappear’.

What is the age restriction for Snapchat?
The age classification for Snapchat is 13 years old, although much of the content may be inappropriate for that age group. If children under the age of 13 sign up for an account they are given access to ‘Snapkids’ which is a limited version of the app where users are not able to send images to other devices. It is important to note that these classifications are set by the app’s creator and are not overseen by an independent body.

How are kids using Snapchat?
Snapchat is used by many young people to keep up with their friends and to send photos to each other. Snapchat can, however, be used for inappropriate purposes and it is important to sit down with your child and explain to them that it is not okay to share images that are rude, offensive or sexualised.

Should I be worried if my child is using Snapchat?
Any application when used incorrectly has the potential to cause harm. It is important that you communicate openly with your child about how they may be using an application and the legal and ethical ramifications of inappropriate use. Children and young people also need to be aware of the risks of communicating with people they don’t know via any mobile application.

Does an image really delete on Snapchat?
There are many ways an image can be saved, even on Snapchat. iOS and Android devices have a feature which allows the device to take a photo of what is on the screen (‘screencapture’). Snapchat notifies the sender if an image they have sent has been captured, however you are not always notified. There are also many other ways images can be saved without the sender being notified so it is important to encourage children to think before they post.

What are the privacy settings on Snapchat?
Snapchat has very limited privacy settings and it is important to monitor your child’s usage of the application. One privacy setting that is available is the ability to restrict who can send your child snaps. This can be enabled by going into the Settings menu, under Who can send me snaps... then select My Friends. This will ensure that only users on your child’s contact list can send images.

Is Snapchat a ‘safe sexting’ application?
It is important to know that there is no such thing as ‘safe sexting’ and Snapchat is no exception. Young people need to be aware that as soon as they send an image they have lost control over where it ends up. Sending sexually explicit images of someone under the age of 18, with or without their permission, could be an offence under State and Commonwealth legislation.

What are the potential problems with Snapchat?
Sharing images that are rude, offensive or sexualised can see young people in breach of State and Commonwealth legislation that carry serious legal consequences. Ethically, young people need to be aware of the impact that their online behaviour has on others, as well as their own, reputations.

Sexting is commonly defined as the sharing of sexualised or naked images via the internet or mobile phone, this includes mobile applications like Snapchat. Children and young people need to realise that as soon as that image is sent they have lost control of it. Quite often we see images uploaded to the internet, including on various social networking sites, that had originally been shared between two people privately. Taking, sending and saving these sorts of images can also constitute child pornography offences and can have long term legal ramifications on a child’s future.

If these images become public, the child in the image can be subject to bullying and cyberbullying. This may happen face-to-face at school or even online with people posting and sharing the image on social networking sites or instant messenger applications. It is extremely important that parents and carers are aware of the issues associated with various apps and websites so that they can openly communicate with their child about safe and responsible usage.

How do I delete my child’s Snapchat account?
After taking with your child about the ethical use of Snapchat and your family’s rules around technology, you may think it’s appropriate to delete the Snapchat account.

To delete a Snapchat account you can go to: https://support.snapchat.com/delete-account and enter your child’s account username and password. If you do not have your child’s password you can put a deletion request into Snapchat.

Open and supportive discussions around technology usage are vital in ensuring your child understands their responsibilities when using technology. Simply removing the technology is not the best response as it could potentially deprive your child’s usage underground where there are few opportunities for you to support them.

For more information visit www.thinkuknow.org.au
Change Your Thinking with Dr Sarah Edelman

All of us experience stress in our lives but are not sure what to do about it. Clinical Psychologist **Dr Sarah Edelman** will be at Roseville Uniting Church to discuss strategies to manage stress and combat anxiety.

Dr Edelman teaches people to use cognitive behaviour therapy (CBT) to challenge negative thinking. She conducts workshops for GPs, business organisations, the Black Dog Institute and the general public. She is a frequent guest on 702 ABC radio and is the author of the best-selling book *Change Your Thinking*.

When:
Monday 14 Sept 2015 at 7.30pm

Where:
7a Lord Street, near Roseville Train Station

Entry fee:
$10 (including supper)

For more information please ring Rev Laurel Barr on 9416 5185 or 0439 826 742

Roseville Uniting Church, 7a Lord St Roseville
www.roseville.unitingchurch.org.au | 9416 5185
Dress for Success Clothes Donation

*Dress for Success*

We Need You!

Have you cleaned out your closet recently?

Do you have any business or smart casual clothes at home that you don’t need?

Will you help provide less fortunate women with the opportunity to get a job?

If you answered any of these questions with ‘YES’ then you are just the person we need!

We are supporting the not-for-profit organisation *Dress for Success*. It is a company that promotes the economic independence of disadvantaged women, both young and old, with the opportunity to be as prepared as they can to go into the job market. They provide women with professional attire, résumé writing skills, a network of support and even career development tools to help them thrive in both work and life.

They are active in more than 140 cities in 19 countries and have helped more than 850,000 women achieve self-sufficiency.

So please, help us help them by donating clothes (which are appropriate for the workforce, in good condition, clean and pressed).

A collection box is in the Foyer of the LRC.

Here’s some examples of the clothes that could be useful:

*Year 11 Dress for Success Team*
News

Science Week 2015

Last week was National Science Week and the Science Department opened the doors of the laboratory on Tuesday for some hands-on activities. These were enthusiastically attended by a pleasing number of girls. In addition, girls in Years 7-10 attended presentations by George Evatt, Director and Founder of Coral Sea Television, to raise awareness of the diversity of aquatic life and the issues involved in managing the oceans effectively.

*Mr Toby Duncan, Science Coordinator*