



Ravenswood

2025
CO-CURRICULAR
INFORMATION

All activities from Term 1 2025



Table of Contents

2025 Co-curricular Program	5
Clubs	6
Bake and Create	6
Junior Chess Club	6
Senior Chess Club	7
Creative Writing Club	7
Homework Club	8
Science and Technology	9
Science Club	9
Coding Club	9
VEX Robotics	10
Debating	11
Ravenswood Debating Society (RDS)	11
Competitive Debating	12
Speech	13
The Speech Program	13
Individual and Small group tuition	13
Speech and Communication Exams	13
Diploma Pathway	14
Competitive Speaking at Ravenswood	16
Ravenswood students excel in competitions including:	16
Speak Up and Speak Out	16
Living Languages	17
Private Language Tuition	17
Club de Français	18
Mandarin Club	18
Chinese Debating	19

Performing Arts	21
Bands and Ensembles	21
Vocal Ensembles	23
Front and Back of House	23
Productions	24
Private Music Tuition	25
 Dance	 27
Style Options	29
Acro Dance	29
Contemporary and Lyrical	29
Hip Hop	30
Prep Dance	30
Jazz	31
 Technique Options	 32
International Dance Technique (IDT)	32
Strength and Conditioning	32
 Ballet	 33
Ballet Technique	33
Ballet Exams	34
Strengthening for Pointe and Pointe	34
 Dance Companies	 35
 DanceStep	 36
(Assistant Dance Teachers Program)	36
 Drama	 37
Drama Club	37
Theatresports®	37

Sport 38

Athletics	38
Golf	39
Equestrian	40
Pilates	40
Diving	40
Swimming	41
Tennis	42
Rhythmic Gymnastics	43
Artistic Gymnastics	44
Snowsports	45
Senior School IGSA Saturday Sport	46
Junior School IPSHA Saturday Sport	46
Senior School AFL and Rugby Sevens	46
Senior School Water Polo	47
K-2 Sport	47
Strength and Conditioning Centre	47

Visual Arts 49

Senior School Oil Painting: with an Archibald Finalist	49
Senior School Photography	49
Senior School Ceramics	49
K-2 Visual Arts	50
Junior School Watercolour Painting Masterclass	50
Junior School Visual Arts	50
Junior School Ceramics	50

Consent, Terms and Conditions, Waiver Agreement and Important Information 51

2025 Co-curricular Program

Your daughter's time at Ravenswood is an opportunity for her to engage in her passions, explore new and exciting areas, and cultivate skills for the future. The Co-curricular Program caters to a broad span of student interests and includes Clubs, Science and Technology, Dance, Debating, Drama, Languages, Speech, Sport and Visual Arts, all conducted by enthusiastic instructors.

Group activities run from Monday 3 February for the duration of the term, semester or year (refer to activity information for details) and conclude for the calendar year on Saturday 29 November. Please note that these activities now align with the length of school terms. Private and small group tuition remains at a fixed number of lessons per term/semester and times are organised by tutors according to student availability.

Yearly Enrolments

Enrolment for the majority of activities will be for the duration of the year. The initial enrolment block will occur at the end of 2024. A second enrolment block will be opened in 2025 for last minute enrolments. Two instalments for payment will appear on your invoice during the School year.

Termly Enrolments

Some activities require enrolment each term. The enrolment block for these activities occurs prior to the end of the previous term. In this case, one instalment (per term) for payment will appear on your invoice during the School year.

Semesterly Enrolments

Some activities require enrolment each semester. The enrolment block for these activities occurs prior to the end of the previous semester. In this case, one instalment (per semester) for payment will appear on your invoice during the School year.

The charge of each activity has been determined by the number of weeks in the School year, together with the day the activity is run. A reduction for School Camps, Major Events and possible staff illness has also been factored in.

The activity selection system is accessed through the [Co-curricular page](#) on RavoConnect.

Parents can request enrolment outside of the four enrolment blocks by using the Co-curricular Late Activity Selection system on RavoConnect.

To withdraw your daughter from an activity, please complete the Activity Withdrawal form on RavoConnect. **Four weeks notice of withdrawal will apply.**

Detailed enrolment terms and conditions are available on RavoConnect and through the various Activity Selection systems.

I hope you are able to make the most of the opportunities available to your daughter in the Co-curricular Program. If you have any further questions regarding the activities on offer, please contact.

co-curricular@ravenswood.nsw.edu.au.

Dr Michael Varecka, PhD

Director of Music Curriculum and
Co-curricular
Ravenswood School for Girls

Clubs

Bake and Create

Join the Bake and Create Club for a deliciously fun experience that combines cooking and creativity! Perfect for aspiring chefs, this club invites students to roll up their sleeves and explore the exciting world of baking and cooking. They will learn essential kitchen safety, master food prep skills, and pick up fantastic techniques to whip up mouthwatering dishes and treats. Students can let their imaginations run wild as they create culinary masterpieces. Come bake, create, and have a blast in the kitchen!

Junior Chess Club

Junior Chess Club is the ultimate playground for students of all levels, whether you're a curious beginner or an aspiring grandmaster! For newcomers, our tutors will guide you through the fundamentals of chess, teaching you everything you need to know to 'checkmate' your opponent and rule the board.

As you progress, you'll dive into essential strategies like opening moves, protecting your pieces, and launching bold attacks on your opponent. With each game, skills will sharpen, and students will start mastering advanced techniques. Students will delve into famous historical matches to analyse and understand the genius moves of world-class players.

Senior Chess Club

Welcome to the Senior Chess Club, where students come together to explore the strategic world of chess. Whether you're a beginner or have some experience, everyone is welcome to join the club.

In Senior Chess, students will focus on improving their skills through friendly matches, problem-solving puzzles, and discussions about tactics and strategies. Small tournaments and opportunities will be organised for the students to compete against their peers. Students will also have the chance to participate in competitive tournaments such as the IGSA Chess Competition and the Sydney Metro Chess Competition.

The club is a great way to enhance your critical thinking, make new friends, and enjoy the timeless game of chess.

Creative Writing Club

Creative writing is an exciting and collaborative adventure where students can unleash their imagination under the guidance of our talented authors, John Larkin and Darcy Tindale.

John Larkin is a multi-award winning author with over 40 years of experience. John has had great success with his novels 'The Shadow Girl' and 'The Pause'.

Darcy has had a successful career writing for radio, theatre, media personalities, and comedians. Darcy's short stories, plays and poems have been published in anthologies, journals and magazines. She has also had the success of two novels, 'Burning Mountain' and 'The Fall Between'.

John will lead the Years 3-4, Years 5-6, and Years 7-8 classes, while Darcy will inspire the additional Years 3-4 class.

Our authors will engage the students with the technical aspects of writing – show don't tell, drafting, editing, polishing, intriguing and engaging audiences. The sessions will focus on creating an engaging and fun environment for students to write and think outside-the-box.

Together, they'll foster a vibrant space for creativity, helping students discover their unique voices and explore the endless possibilities of storytelling!

Homework Club

Homework Club offers a place for students in Years 5 and 6 to attend to complete their homework in a structured environment.

Students will be expected to do one of the following activities once their homework has been completed.

- Read a Book,
- Reading Eggs,
- Mathletics,
- Maths Online,
- Typing Tournament, or
- Sound Waves

The club runs from 3.30pm-6.00pm but it is **expected that students attend only for the allocated homework time (45 minutes)** either straight after school, or after a co-curricular activity.

There will be mentors available to guide students in study habits and challenging areas. Students will receive a snack and a drink.

Science and Technology

Science Club

Science club will be an opportunity for students in Years 5-6 or Years 7-8 to take part in fun and challenging hands-on activities that will enhance critical thinking, foster creativity, build community, improve communication skills, and allow students to further develop a curiosity about the natural world and a love for scientific inquiry. Science club will run all year in 2025 starting in Term 1 Week 2. Each term will have a theme and the teacher will organise experiments and activities that are aligned with the theme. Students will also have a voice and be encouraged to make suggestions as to what areas they would like to explore and learn more about.

Coding Club

Designed for budding tech enthusiasts, this club offers an engaging and interactive environment for students to explore the wonders of coding through an introduction to the languages of HTML, CSS, JavaScript, and Python. Using programs like Scratch and other student-friendly coding platforms, our young learners grasp coding concepts through playful exploration, fostering a love for technology in a supportive environment.

Coding club isn't just about programming; it's a space for collaboration, creativity and problem-solving. Students work together, sharing ideas and learning from one another, building not just coding skills but also teamwork and communication abilities.

Join us as we ignite the spark of curiosity and open the doors to a world where every line of code is a step towards limitless possibilities!

VEX Robotics

Robotics is an enriching program which offers students the chance to work in teams as they activate their creative and intellectual potential while designing, building, and coding VEX Robotics. This opportunity is available to students in Years 5-6 and Years 7-8. Teams will work towards competing in VEX Robotics Competitions. No prior experience is needed – just an open mind, a desire to problem-solve and a keenness to take on new challenges.

Robotics at Ravenswood is an exciting new initiative which will foster agency, creativity, collaboration, communication, resilience, and thinking. It provides opportunities for students to learn about mechanics, programming, engineering design and electronics, developing skills which are essential for our technological world.

Debating

Debating at Ravenswood fosters critical thinking, self-confidence, teamwork and friendships. The program provides students with the opportunity to develop skills in research, analysis, reasoning, and public speaking with students learning how to prepare and deliver a compelling, succinct and powerful argument. Ravenswood has a strong and proud tradition of success in this highly regarded and competitive landscape, with participation in competitions such as ISDA and Archdale.

Ravenswood offers a training program for all students wishing to learn debating skills. Students wishing to represent Ravenswood in a competition must be a member of the Ravenswood Debating Society.

Ravenswood Debating Society (RDS)

The Ravenswood Debating Society is held each Monday afternoon from 3.30pm-4.30pm. Students are given the opportunity to develop their skills in various styles of debating and compete in practice debates with other students. These debates are then analysed with the help of staff and students to improve public speaking skills.

The Ravenswood Debating Society allows for all selected representative students, reserves, and non-competitive debaters to improve their skills and become confident speakers.

POI - Point of Information

All members of The Ravenswood Debating Society will also learn how to incorporate a point of information into their debate. A POI is when a member of the team opposing that of the current speaker gets to briefly interrupt the current speaker, offering a POI in the form of a question or a statement. This may be as a correction, asking for clarity, or just a plain question.

Points of information are an important part of any debate that includes them because they offer a much greater degree of engagement between teams. They are also the preferred style of Debating in competitions such as IGSA Festival of Speech, AIDPSC and WIDPSC.

Competitive Debating

All competitive debate training is now incorporated into the Ravenswood Debating Society.

ISDA - Semester 1

The Independent Schools' Debating Association (ISDA) is the premier student Debating competition for independent schools in Sydney. ISDA brings schools, students, teachers, supporters, coaches and adjudicators together for seven hotly contested rounds of Debating on Friday evenings.

Archdale - Semester 1

Archdale Debating is a further enrichment opportunity for senior students to hone their skills in the art of debate. The IGSA Archdale Debating Competition brings students, teachers, coaches and supporters together from over thirty independent girls' schools for seven rounds of highly competitive Debating on Tuesday evenings in Semester 2.

IPSHA - Terms 2 and 3

The Independent Primary School Heads of Australia (IPSHA) Debating competition takes place during Terms 2 and 3 and it is a seven round competition. If your daughter would like to try out for a spot on one of the two teams, she will be required to participate in the trials. The cost of participating will only be charged if your daughter is successful for selection.

SDC Debating - Terms 1, 2 and 3

Students compete in teams of four against other schools on Friday nights in Terms 1, 2 and 3.

We aim to participate in events such as

- Macquarie Uni Debating (MUDs)
- Australian Disputes Centre (ADC) Debating Tournament
- EVATT debating
- University debating
- University of Sydney Union training
- NSW Debating Union Senior Workshop
- British Parliamentary Debating - Cambridge Schools Debating Competition (Australia and New Zealand)
- Social Debating Competition

Speech

The Speech Program

Ravenswood's Speech Program provides students from Kindergarten to Year 12 the opportunity to develop confident, effective, and expressive communication skills through a broad range of public speaking and performance landscapes. We encourage every student to stand tall and proud in this arena because speech traverses all curriculum learning areas at school, university, workplace environments, human endeavour, and achievement. Speech connects us!

Like any skill, it is the consistent practice and application of those skills that scaffolds each student's progress in speech. Through regular speech tuition, student showcases, performances and speaking competitions, every Ravenswood student can achieve a standard of excellence.

There are several pathways which students may undertake in Speech including:

- Preparing for examinations,
- Speaking with confidence for academic and personal situations,
- Preparing for competitions, and
- Student showcases.

The Speech Program provides students with a springboard to trial for, and participate in prestigious speaking competitions at a local, national, and global level.

Students who wish to represent Ravenswood should note that an increased personal time commitment is required for preparation and practice for competitions.

Individual and Small group tuition

Small group and private speech tuition are offered to develop skills in how to structure and practise prepared and impromptu speaking, including debating skills and techniques, vocal projection, articulation, and best use of body language, hand gestures, eye contact and storytelling techniques.

Students explore and analyse literature through the performance of memorised poetry, prose and drama, lead discussions and research a kaleidoscope of topics designed to persuade, inform, and inspire, and connect with an audience.

Private individual tuition affords students opportunities to progress quickly with an individualised program of study. Small group lessons allow for greater social interaction and collaboration with classmates as well as peer feedback.

Speech and Communication Exams

The Speech Examination program for students in Kindergarten to Year 12 works through a variety of nationally and internationally recognised syllabi, including ASCA, Trinity College of London and the A.M.E.B.

Following a series of finely graded examinations, the speech program can culminate in the accreditation of highly sought after teaching (minimum entry age limits apply) and performance qualifications.

Speech and Communication Examination students also participate in eisteddfods, showcases and performances in their learning journey.

There are specific requirements to undertake examinations. At Ravenswood we offer a pathway for students to attain Certificate Level and Diploma Level examinations in their senior years. Students who wish to work towards these higher qualifications are encouraged to undertake individual tuition to allow them to develop their skills in a highly personalised environment.

There are additional fees if students wish to undertake examinations.

*Enrolments will occur at a later date.

What happens in Speech tuition

- Warm-ups, breathing and relaxation,
- Exploring the best use of modulation, emphasis and inflection,
- Developing prepared and impromptu speaking structures,
- Developing individual speaking style and delivery technique,
- Being creative and exploring self-expression,
- Understanding the best use of body language, hand gestures and eye contact,
- Listening, asking, and answering questions,
- Working with visual aids,
- Discussion leadership,
- Debating skills,
- Teacher and peer feedback,
- Preparing, practicing, and presenting.

Expectations for students at home

In order to gain the most benefit from undertaking speech lessons, students should:

- Go over the lesson materials each day for 10-15 minutes,
- Go over the lesson materials each day for 30 minutes, if preparing for exams or eisteddfods,
- Memorise content for lessons, examinations and competitions, and
- Present their readings and performance pieces to family at least once per week.

What a practice session looks like

- Breathing and relaxation
- Articulating and practising tongue twisters
- Reading out aloud
- Memorising
- Speaking out aloud
- Sharing with family
- Presenting

Diploma Pathway

Students who wish to attain a Diploma at Ravenswood will have met the following requirements in their journey:

ASCA Diploma Pathway

ASCA The Australian Speech Communication Association is a nationally recognised organisation which promotes and helps the development of oral communication and listening skills in education, professional and social spheres.

Stage	Pathway 1	Pathway 2
Complete two senior grade examinations (completion of 4 senior grades is the usual program for students in Years 7-10, one exam per year)	End of Year 9	End of Year 10
Complete the Certificate of Communication (Minimum age is 16)	End of Year 10 (Term 4) <i>This level requires sustained study throughout an entire year.</i>	End of Year 11 (Term 4 and into December) <i>This level requires sustained study throughout an entire year.</i>

ASCA Diploma Pathway Continued

Stage	Pathway 1	Pathway 2
<p>Complete the Diploma of Communication</p> <p>Candidate must have passed two Senior Grades from Grade 6 and above or the Certificate of Communication, or the equivalent before attempting this diploma assessment.</p> <p>(Minimum age is 16)</p> <p>Students wishing to convert the Diploma of Communication to the Diploma of Communication - (Teaching: Public Speaking) may do so when they have met the minimum entry age requirement of 18 years.</p>	<p>End of Year 11 (Term 4) <i>This level requires sustained study throughout the entire year.</i></p> <p>There are two parts to the Diploma of Communication</p> <ol style="list-style-type: none"> 1. Practical Examination 2. Written Examination <p>*Both parts of the Diploma exam must be completed within 12 months.</p>	<p>Middle of Year 12 (end of Term 2) or end of Year 12 <i>This level requires sustained study and students undertaking this pathway should be able to undertake preliminary work throughout the Summer break.</i></p>

Trinity College of London Speech and Drama Exams

Trinity's graded Speech and Drama exams are designed to support candidates to develop a range of transferable 21st century skills that can have a positive impact in both education and the workplace. The exams assess the following skills through a range of contexts including:

- Performance,
- Planning and Preparation,
- Verbal and Non-verbal Communication,
- Interpersonal,
- Critical thinking and Problem-solving,
- Research, and
- Reflection.

Diploma Pathway for Trinity College of London Speech and Drama Exams

The diploma qualifications in speech and drama subjects are designed to appeal to those aspiring to teach or to perform professionally, and those already involved professionally who are seeking to gain recognition for new or existing skills. They offer learners the opportunity to measure their development against a series of internationally understood benchmarks at two levels on the Regulated Qualifications Framework.

Level 4 (ATCL) – equivalent standard to the first year of an undergraduate degree course

Level 6 (LTCL) – equivalent standard to the final year of an undergraduate degree course.

Trinity's diplomas are open to all candidates. There is no requirement to have passed lower grade/diploma level, or other qualification. However, the grades and diplomas represent a system of progressive development and the outcomes for each level assume mastery of the outcomes of previous learning. Trinity therefore recommends candidates must have taken the previous level particularly at these high levels. There is no upper age limit, but the following minimum ages are recommended:

Qualification level completed	Recommended age of candidate	Recommended previous level to have
ATCL	18 years and over	Grade 8 or equivalent
LTCL	19 years and over	ATCL, or Level 4 qualifications, or experience

Competitive Speaking at Ravenswood

Ravenswood students excel in competitions including:

- IGSA Festival of Speech
- Zonta
- Speakfest
- Lions Club Public Speaking Competition
- Legacy Public Speaking Competition
- Rostrum Voice of Youth Public Speaking Competition
- Junior school Public Speaking Comp
- Interschool Junior Public Speaking Comp
- Plain English Speaking Award
- Dame Enid Lyons Oratory Competition
- Sydney and Northern Beaches Eisteddfods
- Re:Solved - A Worldwide Public Speaking and Debate Competition

Students also have the opportunity to trial for a place in national and international speaking competitions such as Speakfest, Australian Individual Debating and Public Speaking Competition (AIDPSC) and World Individual Debating and Public Speaking Competition (WIDPSC).

Selections for representation are subject to a selection process through trials, which occur at various times throughout the year. **Students who are selected to represent Ravenswood should be undertaking private tuition.** This ensures that students are well-prepared and will represent Ravenswood at their very best. All students are encouraged to participate in competitions that are open entry.

Please note there are additional competition costs. These costs will be confirmed at a later date.

Speak Up and Speak Out

Speak Up and Speak Out is designed specifically for students in Years 7 – 12 who are new to the public speaking arena and would like to become more confident with their presentation skills. This course will also help students with all oral assessment preparation and practice, including those who are preparing for English IB or HSC Oral Assessment.

We aim to develop communication skills through the practice of prepared and impromptu speaking and focus on the writing, structuring and presentation of the speech.

Students will learn how to incorporate body language, hand gestures, eye contact, and vocal projection into their presentation so that they connect with the audience.

Prepare, practice and present.

Living Languages

Private Language Tuition

Language Tuition is open to students from Years K-12 in **French and Japanese**. Language tuition classes are led by native speakers who have a extensive knowledge of the relevant Languages syllabus and are offered before, during and after school hours from Monday to Friday.

The aim of Private Language Tuition is to help students gain confidence in their speaking, writing and reading skills and to expand their knowledge and understanding of the target language and its culture. It is also a wonderful opportunity for students to interact with a native speaker and to learn in an authentic environment. The themes covered can vary, depending on the students' interests and abilities, and the course work being covered in their language classes at school.

For all Languages activities, the lesson day, time and venue are determined by the teacher prior to the commencement of classes, in consultation with the students and their parents once enrolment has been completed. Classes are run on a yearly basis.

Club de Français

Club de Français is the perfect place for young explorers to dive into the exciting world of French language and culture. Whether your daughter is a beginner or has some knowledge of French, they'll have fun while learning through games, songs, projects, and interactive activities. Each week, students will be introduced to new words, phrases, and cultural experiences that make the French language come to life.

Chinese Debating

Chinese Debating offers fluent Mandarin Chinese speakers an alternate way to practise their logical reasoning, and public speaking and research skills. Students are asked to take an intellectual perspective and discuss a wide range of topics, including philosophy, society, literature and policy.

This activity is most suitable for native Mandarin speakers in Years 7-12 who are, or will be, studying HSC Chinese Literature, Chinese in Context, IB Chinese A or Chinese B HL. The topics in Chinese Debating revolve around the themes and issues taught in the above courses and complement the Chinese teaching and learning programs at Ravenswood. This is not a language acquisition Co-curricular activity. Participants are expected to be fluent Mandarin Chinese speakers.

Students will have the opportunity to participate in local and international Chinese Debating competitions in Semesters 1 and 2. This includes the NSW High School Chinese Debating Championship, the Asian Cup, the Shanghai Cup and the World Mandarin Debating Championships, which takes place online.

Training sessions run with a professional Chinese Debating coach on Thursday afternoons. Competitions take place on various days throughout the year, including weekends. Schedules are released one month prior to the competition and can be subject to change up to two weeks beforehand.



Co-curricular Timetable 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Junior Bake and Create 3.30pm - 4.45pm	Club de Français 7.30am - 8.15am	Junior Visual Arts 3.30pm - 4.30pm	Senior Ceramics 3.30pm - 5.00pm	ISDA Debating (Terms 1 & 2) 3.30pm - 8.30pm
Senior Bake and Create 5.00pm - 6.30pm	K-2 Visual Arts 3.30pm - 4.30pm	Senior Ceramics 3.30pm - 5.00pm	Junior Ceramics 3.30pm - 4.30pm	Senior Debating Competition 3.30pm - 7.00pm
Years 3-4 Creative Writing Club (Darcy Tindale) 3.30pm - 4.30pm	Junior Watercolour Painting 3.30pm - 4.30pm	Senior Photography 3.30pm - 5.00pm	Chinese Debating 3.30pm - 5.00pm	Senior Metropolitan Chess Competition (Term 2) 3.20pm - 5.20pm
Years 3-4 Creative Writing Club (John Larkin) 3.30pm - 4.30pm	Junior Ceramics 3.30pm - 4.30pm	Junior Bake and Create 3.30pm - 4.45pm	Speak Up & Speak Out 3.30pm - 4.30pm	IGSA Chess Competition (Term 3) 3.20pm - 4.45pm
Years 5-6 Creative Writing Club 4.45pm - 5.45pm	Senior Oil Painting 3.30pm - 5.00pm	Senior Bake and Create 5.00pm - 6.30pm	Senior Chess Club 3.30pm - 4.30pm	Coding Club 3.30pm - 4.30pm
Years 7-8 Creative Writing Club 4.45pm - 5.45pm	Junior Chess Club 3.30pm - 4.30pm	Junior Science Club 3.30pm - 4.30pm	Junior Bake and Create 3.30pm - 4.45pm	Homework Club 3.30pm - 6.00pm
Ravenswood Debating Society 3.30pm - 4.30pm	Archdale Debating (Term 2 & 3) 3.30pm - 8.00pm	Senior Science Club 3.30pm - 4.30pm	VEX Robotics 3.30pm - 5.30pm	
Debating Competition Training 4.30pm - 5.30pm	Homework Club 3.30pm - 6.00pm	Homework Club 3.30pm - 6.00pm	Homework Club 3.30pm - 6.00pm	
K-2 Visual Arts 3.30pm - 4.30pm	Key <div> <div>● Clubs</div> <div>● Visual Arts</div> <div>● Science and Technology</div> <div>● Voice</div> <div>● Living Languages</div> </div>			
Homework Club 3.30pm - 6.00pm				

Performing Arts

Bands and Ensembles

All new students to the ensemble program wishing to join must enrol for an audition and the Music team will place you in the ensemble appropriate to your ability at the time.

Training String Ensemble: This ensemble is for Year 3 students in Term 4 only. It is an extension of the Year 3 String program and will facilitate entry into Holland String Ensemble the following year.

Holland String Ensemble: Approximately beginner level, by audition. The Holland String Ensemble allows students to extend their new skills into group playing for live performances.

Hyde String Ensemble: Approximately Grades 2-3 level, by audition. The Hyde String Ensemble builds prior ensemble skills and explores new repertoire and different styles of playing.

Tognetti String Ensemble: Approximately Grades 4-6 level, by audition. The Tognetti String Ensemble builds on prior ensemble skills and explores new repertoire while encouraging students to develop into mature musicians. It is compulsory for students in Tognetti to be a member of Symphony Orchestra.

Grainger String Ensemble: Minimum AMEB7+ (or equivalent) level, by audition. The Grainger String Ensemble encourages strong players to hone their skills and polish their performance. It is compulsory for students in Grainger to be a member of Symphony Orchestra.

Chamber Strings: Chamber String Ensembles are for students who play at a high level with excellent sight-reading skills. Its aim is to perform at an outstanding level at special events. Additional rehearsals may be arranged to cater for students, pending interest. Entry into Chamber String Ensembles is via invitation. Students should speak with the Director Music & Performing Arts to indicate interest in this opportunity.

Chinese Orchestra: Students who are already skilled at playing Chinese classical instruments rehearse together to polish their performances for various performance opportunities.

Training Band: The Year 4 Training Band supplements the Year 4 Band program which assists beginner learners in their ensemble playing. Attendance is compulsory as part of this optional program.

Burrows Band: Approximately beginner level, by audition. Burrows Band gives beginner students the confidence to play with other musicians and is the perfect introduction to rehearsing and performing as part of a music ensemble.

Morrison Band: Approximately Grade 3 level, by audition. Morrison Band builds on prior ensemble skills and explores new repertoire while encouraging students to develop into mature musicians.

Symphonic Wind Ensemble: Approximately Grade 5 level, by audition. Symphonic Wind Ensemble encourages strong players to hone their skills and polish their performance.

Symphony Orchestra: Approximately Grade 5 level, by audition. Students work together as a large ensemble to polish their performances for various performance opportunities.

Guitar Ensembles: Preliminary Guitar skills for Junior Guitar Ensemble, by audition. Approximately Grade 1+ for Senior Guitar Ensemble. Parts are written for each ensemble based on ability.

Vocal Ensembles

Junior Vocal Ensemble: A group of Junior School vocalists exploring new repertoire for various performances.

Middle Vocal Ensemble: A group of middle years vocalists exploring new and exciting repertoire for various performances.

Senior Vocal Ensemble: A group of senior years vocalists exploring new repertoire for various performances.

Ravo Voices: An ensemble of vocalists exploring new, interesting and enjoyable repertoire for various performances. This group builds on the skills required to become a great singer in a large group and encourages vocal confidence, alongside the musical skills required to hold a harmony, blend vocal tone and interpret music to a high standard. No audition is required.

Front and Back of House

Years 5-12 students have the opportunity to join the Front of House (FOH) team at Ravenswood. This team staffs Ravenswood events and is responsible for greeting patrons, checking tickets and showing patrons to seats. The FOH team is onsite throughout the event. No previous experience is required. Attendance is per production and organised to suit student schedules.

Years 7-12 students have the opportunity to join The Girls in Black (GIB) technical team, which supports the Performing Arts Department by providing technical services for productions and events throughout the year. GIB learn a broad range of theatrical production techniques, giving them core skills in lighting, sound, video production and stage management. This is excellent preparation for the VET Entertainment Industry Course, a possible path of future study.

Private Music Tuition

Private tuition is open to all students and as far as possible, lessons are timetabled on a rotational basis to minimise disruption to curriculum subjects. Every effort is made to timetable lessons outside of class time for Years 11-12. Students from K-3 will be collected from class for their private tuition and escorted back after their lesson. There may be additional terms and conditions provided by your Music tutor. Payment for private Music tuition will be arranged between you and the tutor. Lessons are available in 30, 45 or 60 minutes duration, in consultation with the tutor.

Productions

Years 3-4 Musical:

Students in Years 3-4 have the opportunity to participate in a musical production in Semester 1. In this co-curricular activity, students audition for a specific role and will work on all aspects of a 30-minute musical production. Rehearsals will be before and after school, culminating in a performance near the end of the semester.

Year 6 Musical:

Students in Year 6 participate in a 'junior' musical production, a one-hour condensed version of a well-known show. This activity is run as a Co-curricular activity but also uses the Year 6 Curriculum Choir lesson as a way of including all Year 6 girls in the show. Auditions for lead and supporting roles occur at the end of Semester 1. Before and after school rehearsals will take place in Semester 2, culminating in two evening performances near the end of the semester.

Years 7-12 School Musical:

Our next Senior School Musical will run in 2026. For reference, students from Years 7-12 have the opportunity to be part of the bi-annual Years 7-12 musical. This is a fantastic way for students to gain authentic rehearsal and performance experience with professional staff. Auditions are held at the end of the previous year in preparation for rehearsals to start at the beginning of the academic year. Please note that students are unable to commit to the Years 9-12 Drama Production and Years 7-12 Musical simultaneously.

Years 7-8 Play:

Students in Years 7-8 have the opportunity to perform in a play in Semester 2. In this co-curricular activity, students are directed by the School Drama Captain and student assistant directors.

Years 9-12 Drama Production:

Students in Years 9-12 have the opportunity to participate in a drama production in Semester 1. In this co-curricular activity, students will perform in a production led by an external professional director and other industry-based theatre artists. Rehearsals are held after school and on the weekend.

Performing Arts Timetable 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
Before School	Symphonic Wind Ensemble 6.45–8.15am	Senior Vocal Ensemble 6.45–8.15am	Grainger String Ensemble 7.15–8.15am	Years 3–4 Musical (Semester 1) 7.15–8.15am	Symphony Orchestra 6.45–8.15am	
	Morrison Band 7.15–8.15am	Middle Vocal Ensemble 6.45–8.15am	Tognetti String Ensemble 7.15–8.15am	Year 6 Musical (Semester 2) 7.15–8.15am	Holland String Ensemble 7.30–8.15am	
	Burrows Band 7.15–8.15am	Junior Vocal Ensemble 7.15–8.15am	Hyde String Ensemble 7.15–8.15am	Ravo Voices 7.15–8.15am		
	Training Band 7.15–8.15am					
Lunch					Chinese Orchestra 12.30–1.15pm	House Dance (Term 1, Weeks 1–3) 9.00am–12.30pm 12.30–4.00pm
					Guitar Ensemble 12.30–1.15pm	
					Year 3 Training String Ensemble (Term 4) 12.30–1.15pm	
After School		Years 3–4 Drama Club (Semester 2) 3.30–4.30pm	Years 1–2 Drama Club 3.30–4.30pm	Year 5 Drama Club 3.30–4.30pm		Years 9–12 Drama Production (Term 2) 10.00am–3.00pm
		Theatresports* 3.30–5.00pm	Girls in Black 3.30–5.00pm	Year 6 Drama Club 3.30–4.30pm		
		Years 3–4 Musical (Semester 1) 3.30–4.30pm	House Dance and House Drama (Term 1, Weeks 2–3) 4.00–6.00pm	Years 9–12 Drama Production (Term 2) 4.00–6.00pm		
		Year 6 Musical (Semester 2) 3.30–5.30pm		Years 7–8 Play (Term 4) 3.30–5.30pm	Key ● Music ● Drama ● Performing Arts ● Technical Theatre	
		House Dance and House Drama (Term 1, Weeks 2–3) 4.00–6.00pm				

Please refer to the Dance timetable for all Co-curricular Dance activities.

For more information on Ravenswood's extensive and dynamic P-12 Performing Arts program across Music, Drama, Dance, Speech and Technical Theatre, please see the Co-curricular Program booklet on the Portal.

For any enquiries, please contact Performing Arts Reception on 9498 9904 or performingarts@ravenswood.nsw.edu.au.

Dance

Dance at Ravenswood encourages students to be creative risk-takers, trying new things while developing a wide range of Dance skills and techniques. Ravenswood Dance is proud to offer Dance classes for every dancer in Preparatory to Year 12. We have a three-tier program that ensures all dancers can find the right class.

Tier 1: Recreational Dance Classes

These classes are designed for either the beginner dancer or a dancer who is looking to be in a class that focuses on learning new skills. Students are encouraged to step outside their comfort zone in a fun environment.

Tier 1 classes include:

- Hip Hop
- Prep-2 Dance Classes (Jazz, Ballet and Hip Hop)
- Ballet Technique*
- Acro Dance*
- Strength and Conditioning

* Due to specific skills required in these classes, students are often moved based on ability.

Tier 2: Disciplined Dance Classes

These Dance classes are designed for the dancer who is consistently working to develop their skills in Dance and is interested in pushing themselves to the next level. Students in Tier 2 classes must participate in technique classes before enrolments are confirmed. From Year 3 and above, these classes are also divided into levels to ensure dancers are placed in classes appropriate for their current skills and ability. Students are able to move between classes at the Dance teachers discretion.

Tier 2 classes include:

- Years 3-12 Jazz
- Years 3-12 Lyrical and Contemporary
- RAD Ballet Exam

Technique classes for our Tier 2 classes include:

- Ballet technique (compulsory for those in RAD Ballet Exams)
- International Dance Technique (IDT)
- Strength and Conditioning

Tier 3: Junior School and Secondary School Dance Companies

Dance Companies provide an avenue for dancers with a high level of skills, technique and flexibility to perform at a wide variety of events and showcases. The Years 3-12 Dance Companies are audition-only groups and dancers are required to complete a commitment form upon accepting their position into a company. There is a high level of commitment required for dancers participating in a Dance Company as all rehearsals and performances are compulsory.

Participation in a Dance Company requires both parents and dancers commitment for a full year. Dancers enrolled in a Dance Company must be participating in regular technique classes outside company rehearsals. The preference is Ballet, Strength and Conditioning or IDT.

Please Note: Years 1-2 Dance Company is our only 'non-auditioned' Dance Company, however, dancers must be participating in the Years 1-2 IDT class in order to be enrolled in this performance group.

For further information about the P-12 Co-curricular Dance program please contact P-12 Dance Coordinator, Ebony Keys on dance@ravenswood.nsw.edu.au.



MONDAY	Assembly Hall / A2.02		
	Junior School Dance Company – Years 3-4 Contemporary and Lyrical 7.00-8.15am		
	A2.01	A2.02	CT Studio
		Prep Jazz 3.00-3.30pm	Team Teach Prep
	Years 5-6 IDT – Level 1 3.30-4.30pm	Years 5-6 IDT Level 2 3.30-4.30pm	Years 5-6 IDT Level 3 3.30-4.30pm
	Years 5-6 Contemporary and Lyrical – Level 1* 4.30-5.30pm	Years 5-6 Contemporary and Lyrical – Level 2* 4.30-5.30pm	Years 5-6 Contemporary and Lyrical – Level 3* 4.30-5.30pm
	Years 5-6 Jazz – Level 1* 5.30-6.30pm	Years 5-6 Jazz – Level 2* 5.30-6.30pm	Years 5-6 Jazz – Level 3* 5.30-6.30pm

TUESDAY	Auditorium		
	Junior School Dance Company – Years 5-6 Contemporary and Lyrical** 6.45-8.15am		
	A2.01	A2.02	CT Studio
	RAD Pre-Primary Ballet Technique (Years 1-2) 3.15-4.00pm	Primary Ballet Technique (Years 2-3) 3.15-4.00pm	Kindy Jazz 3.15-4.00pm
	RAD Intermediate Foundation Technique 4.00-5.00pm	RAD Grade 1 Ballet Technique (Years 3-4) 4.00-5.00pm	Year 9 Hip Hop 4.00-5.00pm
	Strengthening for Pointe* 5.00-5.30pm	RAD Grades 2 and 3 Ballet Technique 5.00-6.00pm	Years 10-12 Hip Hop 5.00-6.00pm
	Beginner Pointe* 5.30-6.00pm		
	Advanced Pointe* 6.00-6.30pm	RAD Grade 4 Ballet Technique 6.00-7.00pm	Senior Dance Company – Hip Hop Crew** 6.00-7.30pm
	RAD Advanced Foundation and Advanced 1 Technique 6.30-7.30pm	Intermediate Ballet Technique 7.00-8.00pm	

WEDNESDAY	Auditorium		
	Senior Dance Company – Jazz** 6.45-8.15am		
	A2.01	A2.02	CT Studio
	Kindy Ballet Technique 3.15-4.00pm	Year 2 Hip Hop 3.15-4.00pm	Year 1 Jazz 3.15-4.00pm
	Years 7-8 IDT and Dance Technique Level 1 4.00-5.00pm	Years 7-8 IDT and Dance Technique Level 2 4.00-5.00pm	Acro Dance Level 1 (Years 3-4) 4.00-5.00pm
	Years 7-8 Contemporary and Lyrical Level 1* 5.00-6.00pm	Years 7-8 Contemporary and Lyrical Level 2* 5.00-6.00pm	Acro Dance Level 2 (Years 5-6) 5.00-6.00pm
	Years 7-8 Jazz Level 1* 6.00-7.00pm	Years 7-8 Jazz Level 2* 6.00-7.00pm	

THURSDAY	A2.01	A2.02	Auditorium
		Year 2 Jazz 3.15-4.00pm	Year 1 Hip Hop 3.15-4.00pm
	Years 9-12 IDT and Dance Technique – Level 1 4.00-5.00pm	Years 9-12 IDT and Dance Technique – Level 2 4.00-5.00pm	Year 7 Hip Hop 4.00-5.00pm
	Years 9-12 Contemporary and Lyrical – Level 1* 5.00-6.00pm	Years 9-12 Contemporary and Lyrical – Level 2* 5.00-6.00pm	Year 8 Hip Hop 5.00-6.00pm
	Years 9-12 Jazz Level 1* 6.00-7.00pm	Years 9-12 Jazz Level 2* 6.00-7.00pm	

FRIDAY	CT Studio		A2.02 / Assembly Hall	
	Senior Dance Company – Contemporary and Lyrical** 6.45-8.15am		Junior School Dance Company – Years 3-4 Jazz** 7.00-8.15am	
	A2.01	A2.02	Auditorium	CT Studio
	Years 3-4 IDT Level 3 3.15-4.15pm	Years 3-4 IDT Level 1 3.15-4.15pm	Years 3-4 IDT Level 2 3.15-4.15pm	Years 5 Hip Hop 3.15-4.15pm
	Years 3-4 Jazz and Lyrical Level 3* 4.15-5.15pm	Years 3-4 Jazz and Lyrical Level 1* 4.15-5.15pm	Years 3-4 Jazz and Lyrical Level 2* 4.15-5.15pm	Year 6 Hip Hop 4.15-5.15pm
		Years 3-4 Hip Hop Level 1 5.15-6.15pm	Years 3-4 Hip Hop Level 2 5.15-6.15pm	Years 5-6 Hip Hop Crew 5.15-6.15pm

SATURDAY	A2.01	A2.02	Auditorium	CT Studio
		Second IDT Class 11.00am-12.00pm	Years 1-2 IDT and Dance Technique 11.00am-12.00pm	
	RAD Grade 2 Exam* 12.00-1.00pm	Junior School Dance Company – Years 1 and 2 – Group 2** 12.00-1.00pm	Junior School Dance Company – Years 1 and 2 – Group 1** 12.00-1.00pm	RAD Grade 1 Exam* 12.00-1.00pm
	RAD Grade 4 Exam* 1.00-2.00pm		Acro Dance Level 3 (Years 5-12) 1.00-2.00pm	Intermediate Exam* 1.00-2.15pm
	Senior School Strength and Conditioning 2.00-3.00pm			Intermediate Foundation Exam* 2.15-3.30pm
	Years 5-6 Strength and Conditioning 3.00-4.00pm			Advanced Foundation Exam 3.30-5.00pm

KEY

Miss Alana C	Miss Keys	Miss Victoria
Miss Alex	Miss Maddy G	Miss Zoe
Miss Claire	Miss Maddy S	Miss Ash and Miss Victoria
Miss Em	Miss Nerida	Miss Keys and Miss Alana P
Miss Emily D	Miss Rhiannon	
Miss Kate	Miss Steph	

*Technique Class Required **Audition only group

Style Options

Acro Dance



Acro Dance fuses Gymnastics and Dance into a Dance class where Acrobatic Arts are explored. Dancers participate in a strength based warm up before exploring a range of Acro Dance skills. These are skills that can be applied in Jazz and Contemporary Dance routines. Students in this class will dance at a Mid-Year and an End-of-Year Dance Concert.

At Ravenswood, we follow the Acrobatic Arts Syllabus. This program is based on safe and effective progressions with proven results in five divisions of Acro Dance: Flexibility, Strength, Balancing, Limbering and Tumbling.

Contemporary and Lyrical

Both Contemporary and Lyrical employ unique music where the use of floor work is encouraged. These styles of Dance grew in popularity with television shows such as *So You Think You Can Dance*. Students in this class will dance at a Mid-Year and an End-of-Year Dance Concert.

This is a Tier 2 class with a compulsory technique class requirement. Technique classes include IDT, Strength and Conditioning and Ballet Technique. Once enrolled, students will be divided in to a class relevant to their current Dance skills, ability and technique.

Hip Hop

Hip Hop has a strong link with music, with artists such as Beyonce and Justin Timberlake employing this style of Dance in their music video or live performances. Hip Hop at Ravenswood is age appropriate.

This class is designed for students with a variety of Hip Hop Dance experience. Students in this class will dance at a Mid-Year and an End-of-Year Dance Concert.

Prep Dance



We are very excited to provide an opportunity for our youngest Ravenswood students to experience the joy of Dance. Prep Dance will be available from Term 2, with students exploring a variety of styles.

Dancers enrolled in Prep Dance will be required to walk to the Senior School campus with their bags on their backs. Dancers who are unable to do this without assistance, should refrain from enrolling in Dance until a time when this is possible as teachers will not be able to carry these for our dancers.

Jazz

Jazz is a high energy and up-beat style of Dance. It is often seen in television advertisements and in Musical Theatre. With the exception of Prep to Year 2, this is a Tier 2 class with a compulsory technique class requirement. Technique classes include IDT, Strength and Conditioning and Ballet Technique.

Technique Options

Dancers enrolled in Years 3-12 Jazz or Contemporary/Lyrical classes are required to be enrolled in a technique class such as IDT, Strength and Conditioning, or Ballet Technique. Below you will find the options for these classes.

International Dance Technique (IDT)



This is a technique class for all ability levels where students focus on specific Dance skills. Corner progressions ensure students learn a wide range of kicks, turns and jumps used in all styles of Dance, in particular Jazz and Contemporary.

Once enrolled, students will be divided into a class relevant to their current Dance skills, ability and technique. This is a technique class. Students wanting to participate in a Tier 2 class may enrol in this class to ensure they are meeting the technique requirements.

Strength and Conditioning



This class combines Yoga and Pilates techniques to help improve a student's flexibility and strength. These skills are necessary for all styles of Dance and will assist a student's overall physical wellbeing. Students wanting to participate in a Tier 2 class may enrol in this class to ensure they are meeting the technique requirements.

Our Strength and Conditioning classes are longer, running for 1 hour, this enables dancers to set and work towards appropriate Dance goals focusing on strength, endurance, stability, overall fitness and flexibility. Throughout each class, our Dance teachers employ the Progressing Ballet Technique and Progressing Contemporary Technique programs, while also incorporating IDT's Bodylab program to ensure a varied approach suitable for dancers of all abilities.

Ballet



Ballet is one of the oldest forms of Dance technique. Focusing on posture and poise throughout performance. Ballet is a unique style of Dance that sits in both our Technique and Style specific lesson options.

The following break down of ballet classes are offered for 2025:

- Ballet Technique
- Ballet Exams
- Strengthening for Pointe
- Pointe

Ballet Technique

Ballet technique classes are run using the RAD syllabus. Students are divided based on skill level and previous experience based on teacher discretion. Current RAD Ballet students are asked to check with their Ballet teacher for suggestions on the appropriate Ballet Technique enrolment.

Ballet Exams

Dancers participating in RAD Ballet exams must complete two afternoons of Ballet training each week, one Technique and one Exam lesson. This provides adequate repetition of exercise, development of discipline and increased understanding of examination requirements. Ravenswood Ballet exams are 'invite only' however, we invite dancers who are new to the Dance program or Ballet technique to contact dance@ravenswood.nsw.edu.au to enquire and express interest.

Fees associated with Ballet exams are all inclusive and as a result are not calculated until enrolments are complete. Ballet exam fees cover mock exams, classes, additional workshops, examination administration and RAD examination fees.

Note: Ballet exams are 'invite only'. If your daughter is new to Ballet at Ravenswood, please contact dance@ravenswood.nsw.edu.au. Your daughter will be advised on the correct form of enrolment.

Strengthening for Pointe and Pointe

Dancers in Grade 4 and above are invited to participate in both Strengthening for Pointe and Pointe classes. Prior to commencement of pointe work dancers must complete a Pre-Pointe assessment with Ravenswood partner Dance physiotherapist Sonja from Perform Physiotherapy. Appointments can be made via info@performphysiotherapy.com.au.

Note: Strengthening for Pointe and Pointe enrolments are required for dancers participating in Intermediate Foundation and Intermediate Exams.

Dance Companies

Entry into Dance Companies is by audition only. Dance companies provide an avenue for dancers with a high level of skill, technique and flexibility to perform at a wide variety of events and showcases. There is a high level of commitment required as all rehearsals and performances are compulsory. Participation in a Dance Company requires both parent and dancer commitment for a full year. Technique classes such as Ballet, Strength and Conditioning or IDT are compulsory.

Dance Company audition registrations take place in Term 4. All dancers must be registered in the audition process in order to receive up to date communications. If your daughter is interested in auditioning for a Years 3-12 Dance Company and has not registered to audition, please visit the [Dance Company RavoConnect](#) page for more details including audition registration links.

DanceStep (Assistant Dance Teachers Program)



In 2025, we are pleased to introduce DanceStep into our Dance program, a formalised and structured Assistant Dance teachers program. At Ravenswood, DanceStep lessons will be delivered both online and face to face, providing students with a foundation of knowledge that can be applied in the Dance classroom. DanceStep is the only online Dance Student Teacher Education Program in the world. It is an innovative program that seeks to EDUCATE, ENCOURAGE and EMPOWER students to give back to their Dance Community, and also learn the basics of being a helpful and positive Student Teacher.

DanceStep allows dancers to work at their own speed progressing through levels 1-8. All students must begin at Level 1, however, are permitted to move through levels at their own pace as they complete both Theory and Practical tasks. At the completion of each level dancers will receive a certificate of completion.

Below summarises the delivery of information for students:

Theory: Students are enrolled in an online Learning Platform which guides them through Theory modules and covers Theory subjects such as Safe Dance, Anatomy, Behaviour Management and Teaching Strategies to name just a few. At Ravenswood, we will be supporting dancers online learning by delivering two Face to Face sessions with assistant teachers each term (Week 2 and Week 8). This will ensure they are processing the online learning carefully.

Practical: DanceStep students are also expected to assist in a practical lesson once per week. This in class experience helps to consolidate the theory learning in a very effective way. It is recommended that students assist for 20 hours per level.

To find out more information about DanceStep visit - <https://connect.ravenswood.nsw.edu.au/homepage/37479/>

Drama

Drama Club

Drama Club is an activity that seeks to encourage a student's interest in theatre through a practical approach and group participation. Students are encouraged to be creative and imaginative in a supportive environment and perform in areas of improvisation and scene work. Drama Club focuses on group collaboration between participants. Each semester, students in Years 3-6 will participate in a short presentation for family and friends.

Theatresports®

The Years 7-10 Theatresports® offers an exciting creative opportunity for students to build confidence and team work, and to develop skills in improvisation and performance. Students work together in a supportive environment to create characters, and to learn how to build dramatic narrative in a variety of imagined scenarios.

Students don't need to have prior experience in Theatresports® or performance, all that's required is an open mind and a fun loving attitude. Each semester students will participate in a Theatresports® presentation for family and friends.

Sport

Sport at Ravenswood promotes physical activity to all students and provides opportunities for participation at all levels of skill. Being involved in Ravenswood Sport promotes both physical and psychological wellbeing, builds confidence, encourages teamwork and helps facilitate friendships outside of the classroom. Sport should be fun, as well as competitive and teach students how to enjoy success and accept disappointment. With the development of the new **Wellbeing and Sports Centre** beginning construction in 2025 our programs will continue to run with some sports utilizing local area facilities.

Athletics

Ravenswood Athletics offers a program catering for all students from beginner to elite level. The training program changes each term; the termly note can be found on the [Junior Athletics](#) or [Senior Athletics](#) pages on Connect and is updated prior to the end of the previous term. Event specific training is provided for sprints, jumps and throws while middle-long distance training will be done through Run Club/Cross Country.

Cross Country

Junior School students participate in Cross Country training while Senior School students participate in Run Club. Run Club caters for all students from beginner to elite level as the groups will split. Junior School Cross Country requires students be able to run 1km continuously before joining. Run Club and Cross Country have sessions at Ravenswood or around the local parks/area while students are appropriately supervised by the running coaches. The training program changes each term; the termly note can be found on the [Junior Cross Country](#) or [Senior Cross Country](#) pages on Connect and is updated prior to the end of the previous term.

Diving

Diving lessons are available at the school throughout the year. The Ravenswood indoor heated swimming pool is equipped with one metre and three metre diving boards. Lessons cater for divers at all levels and are conducted on a yearly basis. Classes are available on Monday evenings.

Equestrian

Horse riding and horsemanship lessons are available to students in Years 5-8 with MC Equestrian in Terrey Hills. Ravenswood's Co-curricular Riding Program runs on Monday afternoons. The 90-minute session with MC's qualified coaches and well-schooled horses will involve a mix of group horsemanship instruction and a private horse-riding lesson each. Equipment and horses are provided however, students are required to wear their Ravenswood sports shirt and personal jodhpurs/riding pants.

Students will need to make their own way to and from MC Equestrian.

Once confirmed in the program, parents will need to register their daughter directly with MC Equestrian and arrange payment directly with them.

Golf

Sessions are held at Killara Golf Club under Ryan Bernard (Golf Professional) and, his team. Parents are responsible for transporting their daughter to and from the golf course. Students need to wear their PE uniform and meet the Golf Pro at the Pro Shop promptly at 4.00pm. Students are encouraged to bring their own golf equipment.

Payment is made directly to Killara Golf Club before the first session of each term.

Pilates

Pilates is a form of exercise which suits from beginners and students can progress to more advanced exercises. Exercises are performed using your own body weight. A typical Pilates workout includes a number of exercises and stretches with relatively low repetitions. Each exercise is performed with attention to core muscle control and proper breathing techniques. In Pilates, your muscles are not worked to exhaustion. Sessions are run at Ravenswood in the dance studios.

Swimming

Ravenswood Swimming is dedicated to providing an opportunity for swimmers of all levels to realise their potential, providing a balanced curriculum encompassing skill and technique – Always towards better things.

The Ravenswood Swimming Program runs year-round, offering Learn to Swim (LTS) and Squad Programs for Ravenswood students and the community, operating out of our 6 lane 25m indoor heated pool at Ravenswood School for Girls. Our Program caters for swimmers in Prep (4 years old) through to Year 12; from complete beginner to advanced Squad training. Information on levels and class times can be found in the [Ravenswood Swimming Program Information Booklet](#).

Learn to Swim operates on weekday afternoons (excluding Tuesdays) between 3:30pm and 6:30pm and Saturday 9:00am to 12pm. Class timetables and availability are provided after assessment.

Squads operate on weekdays before and after school, and on Saturday mornings. Squad schedules vary based on the level. Timetables are provided after assessment.

All new and returning swimmers require a swim assessment prior to enrolment, please contact swimming@ravenswood.nsw.edu.au for more information regarding swimming enrolments, or to book an assessment.

Holiday Intensive Programs operate during all four holiday breaks. Please contact swimming@ravenswood.nsw.edu.au for further information.

Ravenswood Swimming Club works cohesively alongside the Ravenswood Swimming Program providing competition opportunities for all members from a local level to National level. For more information follow the link www.ravenswoodswimclub.com.au

Tennis

Tennis coaching is available to all current Ravenswood students. The Tennis Program caters for all levels of ability. Lessons are available throughout the year and are conducted at Gordon Recreation Grounds.

The groups will be determined according to individual standard and parental requests. All students are to wear Ravenswood sports uniform with approved Tennis footwear. The number of coaching sessions per term will be dependent upon the number of weeks in each term, and court availability.

In the case of wet weather logistics will be communicated to parents, and a lesson may be undertaken in an alternative venue.

Rhythmic Gymnastics

Rhythmic Gymnastics classes are open to Ravenswood and external students. Classes are run five days per week in the Ravenswood Gym. It is open to new students and has an opportunity for a trial class.

Opened in 2011, Le Ray Gymnastics at Ravenswood has excelled in all areas with outstanding results and rapid growth in all programs. The club has won numerous prestigious NSW Club of the Year awards in addition to athletes from the centre being recognised for their achievements at a State, National and International level.

For all enquiries please contact [Le Ray Gymnastics](#).

Artistic Gymnastics

The Artistic Gymnastics Program is open to all Ravenswood students from P-12 and caters for all abilities. Artistic Gymnastic students compete at State Championships, IPSHA and IGSA Sport competitions. The team of Artistic Gymnastic coaches are Gymnastics Australia qualified. Recreational classes are for students who want to have fun learning Gymnastics. Level classes are for dedicated athletes who will commit four-plus hours per week to perfect routines in preparation for school competitions and State Championships.

Potential level athletes must be assessed by the Head Coach. If you are not sure which class is suitable for your daughter an assessment can be arranged. Gymnastics increases strength, flexibility and cardiovascular fitness. It teaches children overall body management skills, which can help improve posture, balance, spatial awareness and coordination.

Snowsports

The Interschools Snowsports Races are for school students in NSW. Skiers and Snowboarders can compete for their school as part of a team or an individual in a range of Snowsports discipline events. Students must be able to navigate a blue run in order to be at a level to compete at the Sydney Region level. An EOI can be submitted by clicking the form link [here](#).

Teams and Individuals compete in their school divisions:

Division 1 - Years 11 & 12

Division 2 - Years 9 & 10

Division 3 - Years 7 & 8

Division 4 - Years 5 & 6

Division 5 - Year 4 & under

Division 6 - Kindergarten to Year 2 (Alpine & SkierX only)



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Run Club Gold & Blue 6.45am - 8.00am Local Area	Run Club Gold 6.45am - 8.00am Local Area	Run Club Gold & Blue 6.45am - 8.00am Local Area	Pilates 7.00am – 8.00am A.2.02	Mini Recreation 3.20pm - 4.20pm Ravenswood Gymnasium	Mini Recreation 12.15pm - 1.15pm Ravenswood Gymnasium
Cross Country (Term 1 & 4) 6.45am - 8.00am Local Area	Cross Country (Term 1 & 4) 6.45am - 8.00am Local Area	Mini Recreation 3.20pm - 4.20pm Ravenswood Gymnasium	Ravenswood Golf 4.00pm – 5.00pm Killara Golf Club	Junior Recreation (Years 3-4) 3.30pm - 5.00pm Ravenswood Gymnasium	Junior Recreation (Years 3-4) 12.30pm - 2.00pm Ravenswood Gymnasium
Equestrian 4.15pm – 5.45pm MC Equestrian Terry Hills	Athletics 6.45am - 8.00am Bannockburn Oval	Junior Recreation (Years 3-4) 3.30pm - 5.00pm Ravenswood Gymnasium	Athletics 3.45pm - 5.00pm Bannockburn Oval	Level 1 3.30pm - 5.30pm Ravenswood Gymnasium	Level 2 1.00pm - 4.30pm Ravenswood Gymnasium
Diving 6.30pm – 8.00pm Ravenswood Pool	Athletics 6.45am - 8.00am Bannockburn Oval	Junior Recreation (Years 5-6) 4.30pm - 6.00pm Ravenswood Gymnasium		Level 4 3.45pm - 7.25pm Ravenswood Gymnasium	Level 3 1.00pm - 4.00pm Ravenswood Gymnasium
	Level 3 5.00pm - 8.00pm Ravenswood Gymnasium	Senior Recreation 4.45pm - 6.45pm Ravenswood Gymnasium		Level 5+ 3.15pm - 8.00pm Ravenswood Gymnasium	Level 4 12.30pm - 5.00pm Ravenswood Gymnasium
	Level 4 5.00pm - 8.00pm Ravenswood Gymnasium	Level 1 3.30pm - 5.30pm Ravenswood Gymnasium		K-2 Sport 3.00 pm - 4.00pm Ravenswood Oval	Level 5+ 12.30pm - 5.00pm Ravenswood Gymnasium
	Level 5+ 5.00pm - 8.00pm Ravenswood Gymnasium	Level 2 3.30pm - 6.30pm Ravenswood Gymnasium			
		Level 3 3.30pm - 7.30pm Ravenswood Gymnasium		Key <ul style="list-style-type: none"> ● Athletics & Cross Country ● Artistic Gymnastics (Artistic) ● Equestrian ● Pilates ● Diving ● Golf ● K-2 Sport 	
		Level 5+ 3.30pm - 8.00pm Ravenswood Gymnasium			



Senior School IGSA Saturday Sport

Each Term, students in Years 7–12 have the opportunity to play a Saturday team sport in the IGSA Saturday sport competition.

Training sessions are held before school or after school at as sports specific venue. Matches are on Saturday mornings at various venues in the Sydney Metropolitan area (including Frensham in Mittagong).

Registrations and trials occur the Term prior. Students who excel have the opportunity to trial for selection to representative sport in IGSA Sport, NSW CIS, NSW All Schools and School Sport Australia pathways.

Each IGSA Saturday Sport will include a participation fee.



Junior School IPSHA Saturday Sport

Each Term, students in Years 3–6 have the opportunity to play a Saturday team sport in the IPSHA Saturday sport competition.

Training sessions are held before school or after school at as sports specific venue. Matches are on Saturday mornings at various venues in the Sydney Metropolitan area. Registrations and trials occur the Term prior.

Students who excel have the opportunity to trial for selection to representative sport in IPSHA Sport, NSW CIS, NSW All Schools and School Sport Australia pathways.

Each IPSHA Saturday Sport will include a participation fee.



Senior School AFL and Rugby Sevens

AFL and Rugby 7's are graded Saturday afternoon sports competitions for students in Years 7 to 12 run by AFL NSW and Rugby NSW, respectively.

AFL and Rugby 7's have two trainings per week (one tackle technique and one field session) held during their respective Terms.

There is a participation fee for an AFL season.

There is a participation fee for a Rugby 7's season.

Senior School Water Polo

Students in Years 7–12 have the opportunity to play Water Polo in the Pymble competition in Term 1, the MLC Burwood competition in Term 3 and the IGSA Sport competition in Term 4.

Training sessions are before school or after school in the Ravenswood Swimming Pool. In Terms 1 and 4, matches are conducted on Saturday mornings at various venues in the Sydney Metropolitan area. In Term 3, all games are played at MLC Burwood on Friday evenings.

Students who excel have the opportunity to trial for selection to representative sport in IGSA Sport, NSW CIS, NSW All Schools and School Sport Australia pathways.

It is an expectation that all Water Polo players are competent swimmers and undertake at least one swimming for fitness session per week as well as their team training sessions, to improve their swimming fitness.

K-2 Sport

We are excited to offer a sports program for students in Kindergarten, Year 1 and Year 2. It is a skills-based program with an emphasis on enjoyment, sportsmanship and participation for all students. Parents have the option to sign up for one or two semesters.

The program will run at Ravenswood and will consist of fourteen (14) sessions per semester with a focus on: developing fitness, fundamental movement skills and core strength. This will develop to introducing game sense and specific skills such as striking, kicking, throwing and catching.

Strength and Conditioning Centre



Unlock your potential at the Strength and Conditioning Centre (SCC), open exclusively to students in Years 7–12. Here, strength and conditioning go beyond just exercise, building the foundation for resilience, confidence and excellence.

Before stepping into the SCC, all students must complete a pre-exercise screening form with Ms. Samantha Clancy, Sports Coordinator. Once inside, students are expected to uphold the SCC's code of conduct, ensuring the space remains safe and empowering for all.

The SCC opens its doors from Monday to Friday, 6:45–8:00 am, and Monday to Thursday, 3:45–5:00 pm during term time. If there are any closures, updates will be shared on RAVO Connect. Whether you're ready to join a class or simply want to discover what the SCC can offer, speak with an instructor upon arrival—they'll guide you on the path to your best self.



Saturday Sport Timetable 2025

Term 1	Term 2	Term 3	Term 4
AFL AFL NSW Competition	Basketball IGSA Competition	AFL IPSHA Competition	Basketball IPSHA Competition
Badminton IGSA Competition	Football IGSA Competition	Hockey IGSA Competition	Tennis IGSA Competition
Flippa Ball (Water Polo) IPSHA Competition	Hockey IGSA Competition	Netball IGSA Competition	Tennis IPSHA Competition
Football IPSHA Competition	Hockey IPSHA Competition	Rugby 7's Rugby NSW Competition	Touch Football IGSA Competition
Tennis IGSA Competition	Netball IPSHA Competition	Touch Football IPSHA Competition	Water Polo IGSA Competition
Touch Football IGSA Competition		Water Polo MLC Competition	Key  Junior School  Senior School



Saturday Sport Training Timetable Term 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School	Senior Basketball Training 6.45am - 8.00am Ravenswood Gymnasium	Junior Hockey Training (Years 3-4) 6.45am - 8.00am Ravenswood Oval	Junior Hockey Training (Year 6) 6.45am - 8.00am Ravenswood Oval	Junior Hockey Training (Year 5) 6.45am - 8.00am Ravenswood Oval	Senior Basketball Training 6.45am - 8.00am Ravenswood Gymnasium
	Senior Football Training (Years 10-12) 6.45am - 8.00am Regimental Oval	Junior Netball Training (Years 3-4) 6.45am - 8.00am Ravenswood Gymnasium	Junior Netball Training (Year 6) 6.45am - 8.00am Ravenswood Gymnasium	Junior Netball Training (Year 5) 6.45am - 8.00am Ravenswood Gymnasium	
		Senior Football Training (Years 8-9) 6.45am - 8.00am Regimental Oval		Senior Football Training (Year 7 & Firsts) 6.45am - 8.00am Regimental Oval	
After School	Senior Basketball Training 3.45pm - 5.00pm Ravenswood Gymnasium	Senior Basketball Training 3.45pm - 5.00pm Ravenswood Gymnasium		Senior Basketball Training 3.45pm - 5.00pm Ravenswood Gymnasium	
	Senior Hockey Training 3.45pm - 5.30pm Ryde Hockey Turf	Senior Hockey Training 3.45pm - 5.30pm Ryde Hockey Turf		Senior Basketball Training 5.00pm - 6.15pm Ravenswood Gymnasium	
	Senior Basketball Training 5.00pm - 6.15pm Ravenswood Gymnasium				

Visual Arts

Ravenswood offers students a range of specialist Visual Arts classes for students to do work outside of the Visual Arts curriculum. Our students are encouraged from a young age to engage in creative problem-solving, conceptual thinking and self-expression. They are supported by a curriculum which focuses on strong technical skill development and critical investigation. Visual Arts students are extended on an individual basis and also have the option of after school specialist classes in studios with specialist staff. Students are taught by Visual Arts teachers who have deep understanding of traditional and contemporary practice. Our teachers are outstanding practitioners, with a rich understanding of Art practice.

Senior School Oil Painting: with an Archibald Finalist

Students will work with Tim Owers, Archibald finalist and Senior School Art Teacher, to create a number of oil paintings through a mixture of guided skill building tasks and autonomous artmaking opportunities. Students will develop the skills and knowledge of oil painting mastery, including colour mixing, the core principles of painting and surface preparation. They will also enjoy the experience of making their own oil paints using traditional processes and methods.

Senior School Photography

Have you ever wondered how photographs are made? Have you ever stepped foot in a darkroom and would like to explore the magic of capturing light on paper? Students will have the amazing opportunity to make their own 35mm SLR camera with which they will photograph images and develop and print in the darkroom. In this dynamic club you will get to learn all the process involved in making, developing, and printing your very own images. You will be part of an historic process that changed the world. Prior experience is not necessary, all are welcome.

Senior School Ceramics

Ceramics is a special interest subject that provides practical skills in a variety of Ceramic techniques for students. Students learn coil building and slab construction as well as surface treatments and glazing. It is a relaxed and casual environment where creativity and imagination can be explored and developed through the exploration of ideas, and the practical problem solving that working with clay provides.

K-2 Visual Arts

K-2 Visual Arts introduces students to the fundamentals of art techniques and art-making materials. This fun and creative class teaches students different art mediums. These mediums could include painting, drawing, embroidery, weaving, ceramics and much more. K-2 Visual Arts is a real opportunity for the girls to dive deep into their imagination and bring it to life. This course is tailored for Kindy to Year 2 students

Junior School Watercolour Painting Masterclass

This course is designed especially for Junior School students who love painting. This fun course is project based with a focus on animals. Students will have the opportunity to work with watercolour and acrylic paint to learn skills that will improve all aspects of technical skill. This course is tailored for year 3-6 students.

Junior School Visual Arts

This course is designed especially for Junior School students who love Art and making creative objects. The course is project based with each term providing a range of 2D and 3D experiences. Such activities could include painting, drawing, embroidery, weaving, ceramics etc. This course is tailored specifically for Junior School students and will enable them to have fun, gain confidence and learn skills.

Junior School Ceramics

Junior School Ceramics introduces students to the fundamentals of clay and art making materials. This fun and creative class teaches students how to hand-build ceramic sculptures using various methods and techniques. Through manipulating clay, girls can express their thoughts and ideas as they mould the clay to take on the form of their imagination. This course is tailored for Years 3 to 6 students.